Exit slip: Name: Answer according to the effort sub groups. Turn in when finished.	
1.Which effort was most difficult for you to <i>embody</i> today and why?	
2. Which effort was most comfortable for you to <i>embody</i> and why?	
3.Which effort was most difficult to <i>identify</i> and why?	
4. Which effort was most simple for you to <i>identify</i> and why?	